

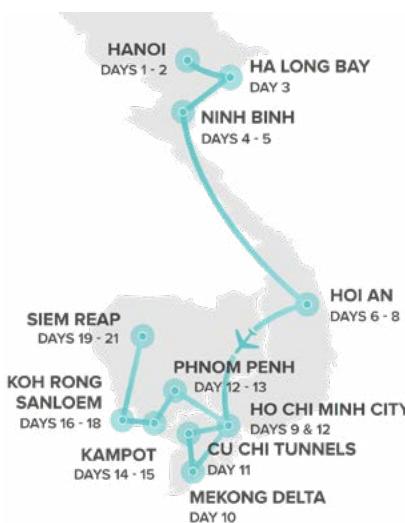


100%
CARBON
NEUTRAL
TOURS

The very best of both Vietnam and Cambodia await you on this 21 day mega adventure. Dive into the sights, sounds, flavours and experiences of two of South East Asia's most exciting and culturally rich countries, with countless unique inclusions along the way. Take part in hands on cooking classes, cruise stunning Ha Long Bay, learn about Cambodia's dark past and end your trip at Angkor Wat, one of the 7 Ancient Wonders of the World. Oh, and did we mention you'll be doing all this with an awesome group leader, plus an instant crew of new mates? The trip of a lifetime just got even better...

HIGHLIGHTS

- Kayak through caves and onboard a boat on Ha Long Bay
- Visit the beautiful countryside of Ninh Binh and sleep at a local homestay
- Experience local village life amongst the green rice paddies of the Mekong Delta
- Enjoy country life in the peaceful town of Kampot
- Dig your toes in the sand in the tropical island paradise of Koh Rong Sanloem
- Explore one of the 7 Ancient Wonders of the World, Angkor Wat



INCLUSIONS

- ✓ Airport Pickup To Our Accom 24/7
- ✓ 20 Nights Accommodation
- ✓ 28 Meals
- ✓ All Transport & Internal Flight
- ✓ Awesome Group Leader
- ✓ Help with Onward Travel
- ✓ Walking & Rickshaw Tour of Hanoi
- ✓ Night Out in Hanoi
- ✓ Overnight Boat Trip on Ha Long Bay
- ✓ Kayaking
- ✓ Local Homestay Experience
- ✓ Bicycle Tour of Ninh Binh
- ✓ Rice Paddies
- ✓ River Boat Cruise
- ✓ Dragon Mountain Viewpoint
- ✓ Cooking Class
- ✓ Visit Local Markets
- ✓ Basket Boat Crab Fishing
- ✓ Lantern Making Class
- ✓ Cu Chi Tunnels Tours
- ✓ Traditional Mud Fishing
- ✓ Mekong Delta Experience
- ✓ Local Village Visit
- ✓ Tuk Tuk Tour of Phnom Penh
- ✓ S21 Prison With Local Guide
- ✓ Tour of the Killing Fields
- ✓ River Kayaking
- ✓ Pepper Plantation
- ✓ Khmer Cooking Class
- ✓ Sunset River Cruise
- ✓ Koh Rong Island Boat Trip
- ✓ Snorkelling
- ✓ Floating Villages
- ✓ Angkor Wat Sunrise Temple Tour

NOT INCLUDED:

Arrival & departure flights, travel insurance, visas & some meals

HANOI → SIEM REAP

Transport:

Minivan, Bus, Boat, Overnight Train, Tuk Tuk, Overnight Bus, Plane, Train

Meals:

19B, 6L, 3D

Group size:

4 - 22

Age Range:

18 - 39



ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN HANOI

- HANOI** Landing in Hanoi, we'll meet you at the airport and take you to your accommodation in the heart of the city. Meet up with your travel crew and get excited for the adventures to come.

DAY 2 - RICKSHAW EXPLORING

- HANOI** We'll jump straight into the hustle and bustle of Hanoi today with a walking and rickshaw tour of the city. This evening we'll be heading out for dinner and drinks to see what Hanoi has to offer after dark.

DAY 3 - HA LONG BAY STAY

- HA LONG BAY** From Hanoi we'll travel to Ha Long Bay, where we'll cruise the emerald green waters surrounded by limestone mountains. We'll jump into kayaks to explore before settling down for the evening on our overnight boat.

DAY 4 - NINH BINH HOMESTAY

- NINH BINH** The rice paddies and vast limestone mountains of Ninh Binh await us today, where we'll be staying at a local homestay in traditional bungalows right by the river.

DAY 5 - BIKE RIDES, ROW BOATS & DRAGON MOUNTAIN

- HOI AN** Exploring Ninh Binh on two wheels, we'll weave through rice paddies before taking a local row boat through the network of rivers. We'll finish our time here with a hike before boarding our overnight train bound for Hoi An.

DAY 6 - EXPLORE HOI AN

- HOI AN** Beautiful, historical Hoi An will win you over in an instant as we arrive this morning. We'll check in to our hotel, then this afternoon you'll have time to explore, go shopping, or perhaps visit a local tailor to get a custom suit or dress made.

DAY 7 - BASKET FISHING & COOKING CLASS

- HOI AN** Local fishermen will be our guides today as we weave through coconut groves, teaching us the art of crab fishing. We'll then take part in a cooking class to become masters of all things Vietnamese cuisine.

DAY 8 - LANTERN MAKING CLASS

- HOI AN** Today you'll make an awesome Vietnamese souvenir – a lantern! Then we'll enjoy a chilled beach day with some lunch at a cool beach club.

DAY 9 - HO CHI MINH CITY

- HO CHI MINH CITY** Today we catch a short flight south to the bustling city of Ho Chi Minh. The rest of the day will be yours to explore as you wish.

DAY 10 - MEKONG DELTA

- MEKONG DELTA** Today we'll explore the incredibly lush green beauty of the Mekong Delta. See how locals live and work on the river, visit local villages, and stay tonight in a local homestay.

DAY 11 - CU CHI TUNNELS

- HO CHI MINH CITY** The Cu Chi Tunnels are on the agenda for today. This network of hand dug underground tunnels played a crucial role in the Vietnam War, providing supply routes, hideouts and living quarters for soldiers. Arriving back into Ho Chi Minh City in the afternoon, we'll be dressing sharp for our farewell dinner and party this evening.

DAY 12 - HEAD TO CAMBODIA

- PHNOM PENH** Country hopping from Vietnam to Cambodia via bus, we'll cross the border and arrive into Phnom Penh, Cambodia's capital, in the early afternoon. We'll then freshen up and head out for dinner.

DAY 13 - TUK TUKS & HISTORY

- PHNOM PENH** Today will start with a tuk tuk tour through the busy streets of Phnom Penh. We'll then pay a visit to two locations that played a pivotal role in Cambodia's sad and troubled history - the S21 Prison, and the Killing Fields. The stories and history you'll learn here will be difficult, however also necessary to understand Cambodia's past. This evening, dinner, drinks and a night out Phnom Penh style are on the agenda.

DAY 14 - KAYAKING IN KAMPOT

- KAMPOT** Swapping city streets for laid back country roads, today we'll travel to the peaceful countryside province of Kampot. After settling in to our cosy traditional guesthouse nestled right by the river, this afternoon we'll travel by kayak, weaving slowly down the river whilst soaking in the tranquil surroundings.

DAY 15 - PEPPER PLANTATION & COOKING CLASS

- KAMPOT** Fun fact - Kampot is famed for producing some of the best pepper in the world. We'll be putting that theory to the test this morning as we visit a pepper plantation where our guide will give us a tour of the plantation followed by a cooking class. We'll learn how to make some of Cambodia's most iconic dishes, before heading out on the river for a chilled out sunset cruise.

DAY 16 - HELLO PARADISE

- KOH RONG SANLOEM** Today we'll travel by train and fast ferry to reach Koh Rong Sanloem, where we'll be checking in to our island paradise accommodation that is owned by the Chief of the village. This afternoon, feel yourself slipping in to island time as you laze on the beach, beer in hand at the Cliff Bar for sunset.

DAY 17 - SNORKELLING

- KOH RONG SANLOEM** All aboard our private long tail boat to some of the best snorkel spots around the islands, including some beautiful secluded beaches. This evening's sunset will be the perfect time to reflect on another ridiculously awesome day together.

DAY 18 - CHILL OUT

- KOH RONG SANLOEM** This morning we'll enjoy our final day on the island relaxing on the beach. We'll then catch the ferry back to the mainland for dinner before boarding an overnight bus bound for Siem Reap. With fully reclining beds and air con, this is bus travelling in style.

DAY 19 - FLOATING VILLAGE

- SIEM REAP** Arrive in Siem Reap in the morning. From there we'll venture out to the rural areas and discover some traditional floating villages surrounded by lush rice fields, lotus flowers and flooded forests.

DAY 20 - ANGKOR WAT

- SIEM REAP** Today's the day you'll get to cast eyes on one of the 7 Ancient Wonders of the World. Angkor Wat is one of the oldest and largest temples in the world. We'll explore the site and learn the history with a local guide, and maybe even reenact our favourite Tomb Raider scenes as we visit Ta Prohm. Tonight we'll head out for our farewell dinner and final night out!

DAY 21 - DEPART SIEM REAP OR EXTEND YOUR STAY

- SIEM REAP** Your epic 21 day adventure comes to an end today. Those flying home will make their way to the airport, or keep living the dream and extend your stay in Cambodia or South East Asia with our help and the new friends you've made.

ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

AFTER VIETNAM + CAMBODIA

Vietnam + Cambodia finishes in Siem Reap. If you're staying on longer in SE Asia, your group leader will help organise your onward travel including extra nights in Siem Reap and airport transfers. It will take around 1 hour - 90 minutes to get to Siem Reap Airport and will cost around \$15 USD.

VISAS

It's important to check your visa requirements before arriving in Vietnam & Cambodia.

Please refer to our [FAQs](#) page for all up to date visa information for Vietnam & Cambodia.

When passing over the border from Vietnam into Cambodia, visas costs are not included in the price of your trip. The visa on arrival for Cambodia for a maximum of 30 days costs approx. \$45 USD and will be payable in cash on day 12 of your trip.

Please note that while the above information is currently accurate, visa rules can often change so it's always best to double-check before departing.

TRAVEL INSURANCE

Travel insurance for Vietnam + Cambodia is compulsory. Your group leader will ask to see proof of your cover before your trip begins. You can organise a quote and policy for yourself [here](#).

ACCOMMODATION GUIDE

VIETNAM

HANOI - SKYLARK BOUTIQUE HOTEL

2 NIGHTS

A boutique hotel in the heart of the Old Quarter.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Restaurant



HA LONG BAY - OVERNIGHT BOAT

1 NIGHT

An amazing boat with incredible views.

Twin/Triple/Double Rooms

Ensuite

Air Con



NINH BINH - LOCAL HOMESTAY

1 NIGHT

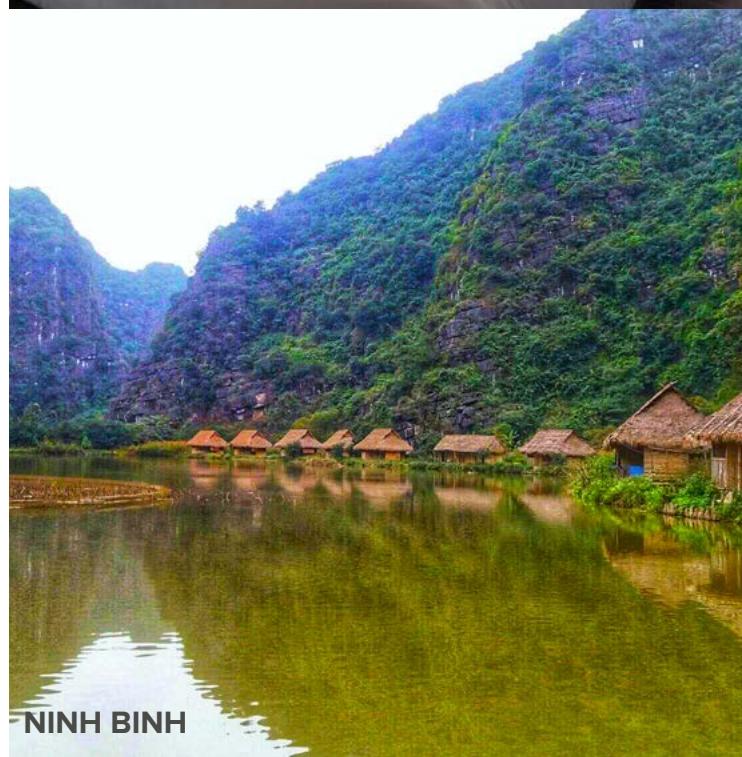
Private riverside bungalows in a magical setting.

Twin/Double Rooms

Ensuite

WiFi

Riverside Hammocks



OVERNIGHT TRAIN

1 NIGHT

A bed on a great journey.

4 Share Cabin

Bathrooms Onboard

Air Con

Epic Views!



HOI AN - THANH BINH 2 HOTEL

3 NIGHTS

A nice hotel in a great location.

Twin/Double/Triple Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



HO CHI MINH - LIBERTY SAIGON

GREENVIEW HOTEL

2 NIGHTS

A local hotel close to all the action.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry



MEKONG DELTA - LOCAL HOMESTAY

1 NIGHT

Authentic bungalows on a tiny island in the Mekong.

Twin/Double/Triple Rooms

Ensuite

WiFi



CAMBODIA

PHNOM PENH - MONSOON BASSAC HOTEL

2 NIGHTS

A boutique hotel in the heart of Phnom Penh.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry

Rooftop Pool & Bar



PHNOM PENH

KAMPOT - SALTY RIVER GUESTHOUSE

2 NIGHTS

Traditional guesthouse, right by the river.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Free Kayak Hire



KOH RONG SANLOEM - M'PHAI BEI RESORT

2 NIGHTS

Beautiful bungalows close to the beach.

Twin/Double/Triple Rooms

Ensuite

Air Con

Restaurant & Bar



OVERNIGHT BUS - GIANT IBIS

1 NIGHT

A bed on a comfortable bus.

Single/Shared Double Bed

Bathroom onboard

Air Con



IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin share, so we will put you in a room with someone of the same gender.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [South East Asia](#).



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.

Or simply transfer your booking to 100% travel credit that will never expire and can be used on any tour with us at any time in the future.



WHEN IS THE BEST TIME TO VISIT SOUTH EAST ASIA?

There's never a bad time to travel in Vietnam or Cambodia. Most months of the year you will experience both sunshine and possibly some rain. It's usually quite hot and humid most of the time, but it can occasionally get cold, especially in the north of Vietnam between November and February, so it's always best to bring a couple of warm layers with your summer clothing.



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout the South East Asia so it's easy to get access to cash.



IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. South East Asia's network quality is often lower than you're used to but you can generally connect and do basic stuff.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on South East Asia and Vietnam + Cambodia, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!