



3 countries, 38 days, 1 incredible adventure and countless memories - that's Epic Asia in a nutshell. Visiting **Thailand, Vietnam and Cambodia**, this deep dive into one of the world's most colourful and fascinating continents will have you seeing ancient wonders, tasting the freshest of street food, cuddling elephants, snoozing under palm trees on idyllic beaches, learning about local life and culture, meeting fascinating people, and having the absolute time of your life. Oh, and did we mention you'll be doing all this with an awesome group leader and an instant crew of new mates? The trip of a lifetime just got even better...

## BANGKOK → SIEM REAP

<b>Transport:</b>	Minivan, Train, Bus, Boat, Overnight Train, Tuk Tuk, Overnight Bus, Plane
<b>Meals:</b>	26B, 14L, 7D
<b>Group size:</b>	4 - 22
<b>Age Range:</b>	18 - 39

## HIGHLIGHTS

- Float around the idyllic Phi Phi islands on an exclusive boat trip
- Visit remote hill tribes and elephants in Chiang Mai
- Dive into the culture, food and fast paced lifestyle of buzzing Hanoi
- Kayak through caves and sleep onboard a boat on Ha Long Bay
- Dig your toes in the sand in the tropical island of Koh Rong Sanloem
- Explore one of the 7 Ancient Wonders of the World, Angkor Wat

## INCLUSIONS

- ✓ Airport Pickup To Our Accom 24/7
- ✓ 37 Nights Accommodation
- ✓ 47 Meals
- ✓ All Transport Including 3 Flights
- ✓ Awesome Group Leader
- ✓ Help with Onward Travel
- ✓ Bangkok River Cruise & Ancient Temples
- ✓ Thai Cooking Class
- ✓ Khao Sok National Park
- ✓ Floating Bungalows
- ✓ Kayaking & Tubing
- ✓ Island Trip
- ✓ Muay Thai or Yoga Experience
- ✓ Thai Massage
- ✓ Paradise Islands Boat Trip
- ✓ Phi Phi Islands Experience & Viewpoint
- ✓ Overnight Hill Tribe Trek
- ✓ Bamboo River Rafting
- ✓ Elephant Sanctuary
- ✓ Chiang Mai Markets & Nightlife
- ✓ Walking & Rickshaw Tour of Hanoi
- ✓ Overnight Boat Trip on Ha Long Bay
- ✓ Kayaking
- ✓ Local Homestay Experience
- ✓ Bicycle Tour of Ninh Binh
- ✓ Rice Paddies & River Boat Cruise
- ✓ Dragon Mountain Viewpoint
- ✓ Vietnamese Cooking Class
- ✓ Visit Local Markets
- ✓ Basket Boat Crab Fishing
- ✓ Lantern Making Class
- ✓ Cu Chi Tunnels Tours
- ✓ Traditional Mud Fishing
- ✓ Mekong Delta Experience
- ✓ Local Village Visit
- ✓ Tuk Tuk Tour of Phnom Penh
- ✓ S21 Prison With Local Guide
- ✓ Tour of the Killing Fields
- ✓ Pepper Plantation
- ✓ Khmer Cooking Class & Sunset River Cruise
- ✓ Koh Rong Island Boat Trip & Snorkelling
- ✓ Floating Villages
- ✓ Angkor Wat Sunrise Temple Tour



## NOT INCLUDED:

Arrival & departure flights, travel insurance, visas & some meals

# ITINERARY & IMPORTANT INFO

## DAY 1 - ARRIVE IN BANGKOK

• **BANGKOK** We'll be at the airport to meet you and take you to the guesthouse to meet your group.

## DAY 2 - TEMPLES & TUK TUKS

• **BANGKOK** We'll explore the city's legendary canals, and then stop by some of the city's most sacred and famous temples, travelling by tuk tuk through the wild and crazy streets.

## DAY 3 - THAI COOKING CLASS

• **BANGKOK** This morning we'll be learning the secrets of Thai cooking class, before boarding our overnight train which will carry us south.

## DAY 4 - FLOATING BUNGALOWS

• **KHAO SOK** Winding through limestone cliffs on a traditional long tail boat, we'll reach our floating bungalow home for the night in the dreamy Khao Sok National Park. You'll then spend the rest of the day kayaking, tubing and monkey spotting.

## DAY 5-8 - WELCOME TO PARADISE

• **KOH PHANGAN** Upon arrival we'll check into Sarana, our exclusive beach side bungalows. Explore the island and be treated to a Thai massage. You'll learn how to punch and kick like a pro in a Muay Thai class or you could instead opt for a private yoga class.

## DAY 9 - 'SAWASDEE' PHI PHI

• **PHI PHI** Today we'll say 'sawasdee' to Phi Phi. Arriving late afternoon, we'll check in to our beautiful resort then head out for dinner and drinks.

## DAY 10 - FULL DAY BOAT TRIP

• **PHI PHI** We'll be heading off on a boat trip around the beautiful Phi Phi Leh. Snorkelling, kayaking and even an after dark underwater light show are all on the cards, and we'll top the day off with dinner and drinks under the stars.

\*There is a possibility we may not be able to enter right into Maya Bay at certain times of year due to government closures.

## DAY 11 - ISLANDS & VIEWPOINTS

• **PHI PHI** We'll kick things off with a hike to one of Phi Phi's best viewpoints, followed by a private boat trip to some of the most beautiful islands surrounding ours.

## DAY 12 - TRAVEL TO PHUKET

• **PHUKET** Today we'll travel to Phuket for some sunset drinks.

## DAY 13-17 - CHIANG MAI

• **CHIANG MAI** We'll fly to the amazing Chiang Mai. Check in and relax or head out and explore the city. Trek through and stay overnight in the amazing jungle of Chiang Mai before bamboo rafting down the river! You'll then learn to feed and care for the elephants at their protected sanctuary!

## DAY 18 - FLY TO VIETNAM

• **HANOI** Your Vietnam group leader will meet you at the Hanoi accommodation.

## DAY 19 - RICKSHAW EXPLORING

• **HANOI** We'll jump straight into the hustle and bustle of Hanoi today with a walking and rickshaw tour of the city. This evening we'll be heading out for dinner and drinks to see what Hanoi has to offer after dark.

## DAY 20 - HA LONG BAY STAY

• **HA LONG BAY** We'll travel to Ha Long Bay, where we'll cruise the emerald green waters surrounded by limestone mountains. We'll jump into kayaks to explore before our the evening on the overnight boat.

## DAY 21 - NINH BINH HOMESTAY

• **NINH BINH** Ninh Binh awaits us today, where we'll be staying at a local homestay in bungalows by the river.

## DAY 22 - BIKE RIDES & ROW BOATS

• **HOI AN** We'll explore Ninh Binh on two wheels before taking a local row boat through the network of rivers. We'll finish our time here with a hike before boarding our overnight train bound for Hoi An.

## DAY 23 - EXPLORE HOI AN

• **HOI AN** We'll check in to our hotel, then this afternoon you'll have time to explore, go shopping, or perhaps visit a local tailor to get a custom suit or dress made.

## DAY 24 - COOKING CLASS

• **HOI AN** Local fishermen will be our guides today as they teach us the art of crab fishing. We'll then take part in a cooking class!

## DAY 25 - LANTERN MAKING CLASS

• **HOI AN** Today you'll make a Vietnamese lantern! Then we'll enjoy a chilled beach day with some lunch at a cool beach club.

## DAY 26 - HO CHI MINH CITY

• **HO CHI MINH CITY** Today we catch a short flight to Ho Chi Minh. The rest of the day will be yours to explore.

## DAY 27 - MEKONG DELTA

• **MEKONG DELTA** Today we'll explore the incredibly lush green beauty of the Mekong Delta. See how locals live and work on the river, visit local villages, and stay tonight in a local homestay.

## DAY 28 - CU CHI TUNNELS

• **HO CHI MINH CITY** The Cu Chi Tunnels are on the agenda for today. This network of hand dug underground tunnels played a crucial role in the Vietnam War. Arriving back into Ho Chi Minh City in the afternoon, we'll have our farewell dinner and party this evening.

## DAY 29 - ARRIVE IN PHNOM PENH

• **PHNOM PENH** Country hopping from Vietnam to Cambodia via bus, we'll cross the border and arrive into Phnom Penh.

## DAY 30 - TUK TUKS & HISTORY

• **PHNOM PENH** Today will start with a tuk tuk tour through the busy streets of Phnom Penh. We'll then pay a visit to the S21 Prison, and the Killing Fields.

## DAY 31-32 - KAMPOT

• **KAMPOT** Today we'll travel to Kampot and go kayaking. The next day we'll visit a pepper plantation and participate in a traditional Khmer cooking class, before heading out on a sunset river cruise.

## DAY 33-35 - KOH RONG SANLOEM

• **KOH RONG SANLOEM** We'll take the fast ferry to the island of Koh Rong Sanloem and check into our island accommodation. We'll travel by long tail boat to some of the best snorkel spots and explore hidden blue rock pools before travelling back to the mainland. We'll prepare for our overnight bus journey.

## DAY 36-37 - SIEM REAP

• **SIEM REAP** Arrive early morning in Siem Reap and discover some traditional floating villages. The next day, we'll visit Angkor Wat for sunrise. A local guide will join us to explain the fascinating history and surrounding temples.

## DAY 38 - DEPART SIEM REAP OR EXTEND YOUR STAY

• **SIEM REAP** Your epic 38 day adventure comes to an end today. Those flying home will make their way to the airport, or keep living the dream and extend your stay.

## ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

## AFTER EPIC ASIA

Epic Asia finishes in Siem Reap. If you're staying on longer in SE Asia, your group leader will help organise your onward travel including extra nights in Siem Reap and airport transfers. It will take around 1 hour - 90 minutes to get to Siem Reap Airport and will cost around \$15 USD.

## VISAS

It's important to check your visa requirements before arriving in South East Asia.

Please refer to our [FAQ](#) page for all up to date visa information for Thailand, Vietnam & Cambodia.

When passing over the border from Vietnam into Cambodia, visas costs are not included in the price of your trip. The visa on arrival for Cambodia for a maximum of 30 days costs approx. \$45 USD and will be payable in cash on day 12 of your trip.

Please note that while the above information is currently accurate, visa rules can often change so it's always best to check before departing.

## TRAVEL INSURANCE

Travel insurance for Thailand, Vietnam and Cambodia is compulsory to join Epic Asia. Your group leader will ask to see proof of your cover. You can organise a quote and policy [here](#).



# ACCOMMODATION GUIDE

## THAILAND

### BANGKOK - VILLA CHA-CHA KHAOSAN RAMBUTRI

#### 2 NIGHTS

In the heart of the traveller district of Khao San Rd.

Twin/Double Rooms  
Ensuite, WiFi & Air Con  
Bar & Restaurant

### OVERNIGHT TRAIN

#### 1 NIGHT

A comfy bed and great journey.

Multishare Cabin with Air Con  
Bathroom Onboard  
Fresh Linen & Pillow

### KHAO SOK - FLOATING BUNGALOWS

#### 1 NIGHT

An amazing experience in the middle of the rainforest.

Twin/Double/Triple/Quad Rooms  
Shared Bathroom  
Fans in Rooms  
Kayaking & Tubing

### KOH PHANGAN - SARANA BUNGALOWS

#### 4 NIGHTS

Our own place right on the beach!

Twin/Triple/Quad Rooms  
Ensuite  
WiFi, Air Con & Laundry  
Infinity Pool, Bar, Restaurant & Yoga Hall



BANGKOK



OVERNIGHT TRAIN



KHAO SOK



KOH PHANGAN



## PHI PHI - ANDAMAN LEGACY RESORT

3 NIGHTS

A great spot on a beautiful island.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Swimming Pool & Bar



PHI PHI

## PHUKET - SAWADDI PATONG RESORT & SPA

1 NIGHT

A great spot on a beautiful island.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Swimming Pools & Pool Bar



PHUKET

## CHIANG MAI - EURANA BOUTIQUE HOTEL

4 NIGHTS

A comfy hotel in the heart of the city.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Rooftop Swimming Pool



CHIANG MAI

## OVERNIGHT HILL TRIBE - HUT

1 NIGHT

A basic but unique experience in the jungle.

Multishare Rooms

Shared Bathrooms



OVERNIGHT HILL TRIBE



## VIETNAM

### HANOI - SKYLARK BOUTIQUE HOTEL

#### 2 NIGHTS

A boutique hotel in the heart of the Old Quarter.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Restaurant



### HA LONG BAY - OVERNIGHT BOAT

#### 1 NIGHT

An amazing boat with incredible views.

Twin/Triple/Double Rooms

Ensuite

Air Con

### NINH BINH - LOCAL HOMESTAY

#### 1 NIGHT

Private riverside bungalows in a magical setting.

Twin/Double Rooms

Ensuite

WiFi

Riverside Hammocks



## OVERNIGHT TRAIN

### 1 NIGHT

A bed on a great journey.

4 Share Cabin

Bathrooms Onboard

Air Con

Epic Views!



## HOI AN - THANH BINH 2 HOTEL

### 3 NIGHTS

A nice hotel in a great location.

Twin/Double/Triple Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



## HO CHI MINH - LIBERTY SAIGON

### GREENVIEW HOTEL

### 2 NIGHTS

A local hotel close to all the action.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry



## MEKONG DELTA - LOCAL HOMESTAY

### 1 NIGHT

Authentic bungalows on a tiny island in the Mekong.

Twin/Double/Tripe Rooms

Ensuite

WiFi





## CAMBODIA

### PHNOM PENH - MONSOON BASSAC HOTEL

#### 2 NIGHTS

A boutique hotel in the heart of Phnom Penh.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry

Rooftop Pool & Bar



PHNOM PENH

### KAMPOT - SALTY RIVER GUESTHOUSE

#### 2 NIGHTS

Traditional guesthouse, right by the river.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Free Kayak Hire



KAMPOT

### KOH RONG SANLOEM - M'PHAI BEI RESORT

#### 2 NIGHTS

Beautiful bungalows close to the beach.

Twin/Double/Triple Rooms

Ensuite

Air Con

Restaurant & Bar



KOH RONG SANLOEM

### OVERNIGHT BUS - GIANT IBIS

#### 1 NIGHT

A bed on a comfortable bus.

Single/Shared Double Bed

Bathroom onboard

Air Con

### SIEM REAP - LUB D HOSTEL

#### 2 NIGHTS

Private rooms in a funky hostel.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Swimming Pool, Bar & Restaurant



SIEM REAP

### IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

# #SMALLCHANGE

## SUSTAINABLE TRAVEL



**PROTECTING THE ENVIRONMENT**



**SUPPORTING LOCAL COMMUNITIES**



**CULTURAL EXCHANGE & EDUCATION**



**ANIMAL WELFARE**

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

## FAQS



### DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin or triple share, so we will put you in a room with someone of the same gender.



### HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout South East Asia and some places only accept cash.



### CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [South East Asia](#).



### IS THERE WI-FI THROUGHOUT THE TRIP?

Most of the accommodations we stay at have free Wi-Fi available. Thailand, Vietnam and Cambodia's network quality is often lower than you're used to but you can generally connect and do basic stuff.



### CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.

Or simply transfer your booking to 100% travel credit that will never expire and can be used on any tour with us at any time in the future.



### TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.



### WHEN IS THE BEST TIME TO VISIT SOUTH EAST ASIA?

There's never a bad time to travel in South East Asia. Most months of the year you will experience both sunshine and possibly some rain. It's usually quite hot and humid most of the time, but it can occasionally get cold, especially in the north of Vietnam between November and February, so it's always best to bring a couple of warm layers with your summer clothing.

### That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on South East Asia and Epic Asia, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!

hello@introtravel.com  
introtravel.com