



100%
CARBON
NEUTRAL
TOURS

White sandy beaches, ancient world wonders, yummy street food and infectious smiles; Cambodia has it all and more, and this trip will help you experience every little part of this enchanting country. Visiting Phnom Penh, Kampot, Koh Kong Sanloem and Siem Reap, over 10 days you'll unearth Tomb Raider style temples, swim in shimmering warm waters, deep dive into Cambodia's troubled past, and learn how to make the flavours of the land with a hands on cooking class. Oh, and did we mention you'll be doing all of this with an awesome group leader and an instant crew of new mates? The trip of a lifetime just got even better...

HIGHLIGHTS

- Take a tuk tuk tour through the bustling streets of Cambodia's capital, Phnom Penh
- Join a local guide for a sombering tour of the S21 Prison and Killing Fields
- Enjoy country life in the peaceful town of Kampot
- Dig your toes in the sand in the tropical island paradise of Koh Rong Sanloem
- Explore one of the 7 Ancient Wonders of the World, Angkor Wat



INCLUSIONS

- ✓ Airport Pickup To Our Accom 24/7
- ✓ 9 Nights Accommodation
- ✓ 11 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Tuk Tuk Tour of Phnom Penh
- ✓ S21 Prison With Local Guide
- ✓ Tour of the Killing Fields
- ✓ River Kayaking
- ✓ Pepper Plantation
- ✓ Khmer Cooking Class
- ✓ Sunset River Cruise
- ✓ Koh Rong Sanloem Boat Trip
- ✓ Snorkelling
- ✓ Floating Villages
- ✓ Angkor Wat Sunrise Temple Tour
- ✓ Help with Onward Travel

NOT INCLUDED:

Flights, travel insurance, visas & some meals

PHNOM PENH → SIEM REAP

Transport: Tuk Tuks, Minivan, Train Boat, Overnight Bus.

Meals: 9B, 1L, 1D

Group size: 4 - 20

Age Range: 18 - 39



ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN PHNOM PENH

• **PHNOM PENH** Landing in bustling Phnom Penh, we'll meet you at the airport and take you to your hotel, where you'll meet up with your travel crew and get excited for the adventures to come. Tonight we'll then kick things off with dinner and drinks.

DAY 2 - TUK TUK TOUR & CAMBODIAN HISTORY

• **PHNOM PENH** Today will start with a tuk tuk tour through the colourful, busy streets of Phnom Penh, where you'll get a glimpse into how local people go about their daily routines. We'll then pay a visit to two locations that played a pivotal role in Cambodia's sad and troubled history - the S21 Prison, and the Killing Fields. The stories and history you'll learn here will be difficult, however also necessary to understand Cambodia's past, including the brutal reign of the Khmer Rouge. This evening, dinner, drinks and a night out Phnom Penh style are on the agenda.

DAY 3 - KAYAKING IN KAMPOT

• **KAMPOT** Swapping city streets for laid back country roads, today we'll travel to the peaceful countryside province of Kampot. After settling in to our cosy traditional guesthouse nestled right by the river, this afternoon we'll travel by kayak, weaving slowly down the river whilst soaking in the tranquil surroundings.

DAY 4 - PEPPER PLANTATION & COOKING CLASS

• **KAMPOT** Fun fact - Kampot is famed for producing some of the best pepper in the world. We'll be putting that theory to the test this morning as we visit a pepper plantation where our guide will give us a tour of the plantation followed by a cooking class. We'll learn how to make some of Cambodia's most iconic dishes, before heading out on the river for a chilled out sunset cruise.

DAY 5 - HELLO PARADISE

• **KOH RONG SANLOEM** Never had Cambodia down as much of a beach destination? Just wait until you get to Koh Rong Sanloem! We'll travel by train and fast ferry to reach this paradisiacal island, where we'll be checking in to our island paradise accommodation that is owned by the Chief of the village. This afternoon, feel yourself slipping in to island time as you laze on the beach, beer in hand at the Cliff Bar for sunset.

DAY 6 - SNORKELLING ADVENTURE

• **KOH RONG SANLOEM** All aboard our private long tail boat to some of the best snorkel spots around the islands, including some beautiful secluded beaches. This evening's sunset will be the perfect time to reflect on another ridiculously awesome day together.

DAY 7 - CHILL OUT & OVERNIGHT BUS

• **KOH RONG SANLOEM** This morning we'll enjoy our final day on the island relaxing on the beach. We'll then catch the ferry back to the mainland for dinner before boarding an overnight bus bound for Siem Reap. With fully reclining beds and air con, this is bus travelling in style.

DAY 8 - SIEM REAP & FLOATING VILLAGES

• **SIEM REAP** Arrive in Siem Reap early in the morning. From there we'll venture out to the rural areas and discover some traditional floating villages surrounded by lush rice fields, lotus flowers and flooded forests.

DAY 9 - ANGKOR WAT

• **SIEM REAP** Saving the best for last, today's the day you'll get to cast eyes on one of the 7 Ancient Wonders of the World. Built in the first half of the 12th century, Angkor Wat is one of the oldest and largest temples in the world. We'll explore the site and learn the history with a Local Guide, and maybe even reenact our favourite Tomb Raider scenes as we visit Ta Prohm, a temple that featured in the movie. Tonight we'll head out for our farewell dinner and final night out!

DAY 10 - DEPART SIEM REAP OR EXTEND YOUR STAY

• **SIEM REAP** Your unforgettable 10 day adventure comes to an end today. Those flying home will make their way to the airport, or keep living the dream and extend your stay in Cambodia or South East Asia with our help and the new friends you've made.

ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

AFTER CAMBODIA INTRO

Cambodia Intro finishes in Siem Reap. If you're staying on longer in SE Asia, your group leader will help organise your onward travel including extra nights in Siem Reap and airport transfers. It will take around 1 hour - 90 minutes to get to Siem Reap Airport and will cost around \$15 USD.

VISAS

Most nationalities are able to get a visa on arrival in Cambodia. The visa on arrival for a maximum of 30 days costs approx. \$45 USD and will be payable upon arrival in Cambodia. Some nationalities may need to make advance arrangements.

Please note that while the above information is currently accurate, visa rules can often change so it's always best to double-check before departing.

TRAVEL INSURANCE

Travel insurance for Cambodia is compulsory to join Cambodia Intro. Your group leader will ask to see proof of your cover. You can organise a quote and policy [here](#).



ACCOMMODATION GUIDE

PHNOM PENH - MONSOON BASSAC HOTEL

2 NIGHTS

A boutique hotel in the heart of Phnom Penh.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry

Pool, Restaurant & Bar



KAMPOT - SALTY RIVER GUESTHOUSE

2 NIGHTS

Traditional guesthouse, right by the river.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Free Kayak Hire



KOH RONG SANLOEM - M'PHAI BEI RESORT

2 NIGHTS

Beautiful bungalows close to the beach.

Twin/Double/Triple Rooms

Ensuite

Air Con

Restaurant & Bar



OVERNIGHT BUS - GIANT IBIS

1 NIGHT

A bed on a comfortable bus.

Single/Shared Double Bed

Bathroom onboard

Air Con



IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin or triple share, so we will put you in a room with someone of the same gender.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Cambodia](#).



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.

Or simply transfer your booking to 100% travel credit that will never expire and can be used on any tour with us at any time in the future.



WHEN IS THE BEST TIME TO VISIT CAMBODIA?

It's always a good time to go travelling in Cambodia as it's usually warm all year round. There's a slightly higher chance of rain from May to October but that's usually a brief downpour in the afternoon followed by sunshine. The rest of the year is generally hot and dry.



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout Cambodia and some places only accept cash.



IS THERE WI-FI THROUGHOUT THE TRIP?

Most of the accommodations we stay at have free Wi-Fi available. Cambodia's network quality is often lower than you're used to but you can generally connect and do basic stuff.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on Cambodia and Cambodia Intro, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!