

THAILAND EXPERIENCE

HEY TRUTRAVELLER! PARADISE IS AWAITING YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION



SUARNABHUMI (BKK) / DON MUANG (DMK)



KOH SAMUI AIRPORT (USM)

TRIP OVERVIEW

- DAY 1** **BANGKOK** meeting the group
- DAY 2** **BANGKOK** temples and river cruise
- DAY 3** **TRAVEL TO KHAO SOK** massage and train
- DAY 4** **KHAO SOK** exploring Khao Sok
- DAY 5** **KOH PHANGAN** bottle beach
- DAY 6** **KOH PHANGAN** muay thai lesson
- DAY 7** **KOH PHANGAN** boat trip and snorkeling
- DAY 8** **KOH PHANGAN** chilled check out





TRAVEL ITINERARY AND EXTRA INFORMATION

-8 DAY TOUR-



DAY 1 -

BANGKOK

MORNING: Welcome to Bangkok, you're in Thailand baby! Today all of your fellow Trutravellers will be arriving so check in, chill, explore, connect with your group and maybe have your first Chang!

AFTERNOON: Later this evening your Travel Ninja will arrange a time and place for everyone to meet up for the first night out together. Keep a look out on the group chat for details. Its usually close by the hotel.



DAY 2 -

BANGKOK

MORNING: Rise and shine! It is time to explore the city! We will have some breakfast before we jump on boats to visit some amazing temples!

AFTERNOON: We will jump on a TukTuk and explore more of the city! The rest of the afternoon is free to explore at your own pace. Explore some markets, cafes or get a massage - it's up to you!



BREAKFAST



TEMPLES

OPTIONAL ACTIVITIES

Kaosan Road is bustling with local food, cafes and lots of shops for you to wander around and explore! Grab a nice coffee, try some local Pad Thai, and shop for those elephant pants!



DAY 3 -

BANGKOK/KHAO SOK

MORNING: Today we are leaving Bangkok and heading to the South! We will have breakfast before checking out and receive a massage so that everyone can relax and get ready for the journey!

AFTERNOON: Early afternoon we will leave for the train station. Fill up your water bottles and grab your snacks ready for the journey!



BREAKFAST



MASSAGE



**OVERNIGHT
TRAIN**



DAY 4 -

KHAO SOK

MORNING: You made it to the south! It's super chilled down here, get ready for some beautifully relaxing days. Once we arrive at our station we will get into our private mini vans and head to the national park!

AFTERNOON: When we arrive we can chill, crack open a beer and explore the area in kayaks.



LUNCH AND DINNER



**KAYAKING AND
SWIMMING**



TRAVEL ITINERARY AND EXTRA INFORMATION -8 DAY TOUR-

DAY 5 - KOH PHANGAN

MORNING: This morning we will soak in the beauty of the national park and get ready to move to our next stop. Bottle beach is such an incredible spot and we can't wait for you to experience the bottle beach bungalows.

AFTERNOON: When we arrive in Koh Phangan we will take in our surroundings and enjoy the ocean!



BREAKFAST



TRAVEL TO KOH PHANGAN



BOTTLE BEACH BUNGALOWS

DAY 6 - KOH PHANGAN

MORNING: In the morning, you are free to explore as you wish. Relax in a hammock, enjoy a coffee and swim in the ocean or join the morning hike to the view point.

AFTERNOON: We will leave bottle beach in the afternoon and head over to our Muay Thai Class.



BOTTLE BEACH VIEWPOINT HIKE



MUAY THAI CLASS



OPTIONAL ACTIVITIES

In Koh Phangan you can relax in a hammock, enjoy a coffee in a local cafe, swim in the ocean or if you are feeling adventurous take a morning hike to the view point.

DAY 7 - KOH PHANGAN

MORNING: Option to have a delicious breakfast at the beachfront restaurant! We will then head off on our boat trip to visit some top spots around the island.

AFTERNOON: We will spend the afternoon snorkeling and relaxing on the boat. Lunch and all the snorkeling equipment will be provided on the boat.



LUNCH



BOAT TRIP AND SNORKELING

DAY 8 - KOH PHANGAN /FINAL DAY

MORNING: Today is the checkout day - we're not crying you are...

It's time to say goodbye but your tour guide is on hand to make sure your future journey is planned and will run smoothly!

We hope you had the best time and can't wait to see you soon on another adventure!



HELP WITH ONWARD TRAVEL