



# SOUTH KOREA ESSENTIALS



STARTS SEOUL  
ENDS BUSAN



10 DAYS  
9 NIGHTS



AIRPORT PICK-UP  
NOT INCLUDED



TRAINS, SUBWAYS,  
TAXIS, AND BUSES



7X BREAKFASTS  
1X LUNCH  
3X DINNERS

## Highlights



LEARN ABOUT  
K-POP CULTURE



GYEONGBOKGUNG  
PALACE



GYEONGJU  
UNESCO SITES



TEMPLE STAY IN  
SEOULS MOUNTAINS



GWANGJANG MARKET  
STREET FOOD TOUR



## Activities

- Welcome dinner
- See Seoul's best night views from Namsan Mountain
- Explore the ancient Gyeongbokgung Palace
- Walk through Hanok Village and learn its history
- Learn about the 'K-Wave' at the HiKR
- Ground and record a K-pop video
- Take a street food tour of Gwangjang Market
- Stay in a mountain temple and do a singing bowl meditation
- Partake in evening and morning Buddhist chanting
- Have green tea with a monk to discuss life or Buddhism
- Stay in a traditional Hanok house in Jeonju
- Sample Jeonju's rice wine and learn its making
- Explore UNESCO sites in Gyeongju
- Walk around Anapji Pond at night
- Explore Busan's local markets with a guide
- Final night karaoke

# TRAVEL ITINERARY

## DAY 1

Welcome to Korea

Start your Korean adventure in Seoul, the capital city of South Korea. You will meet your group in the Myeongdong district, where you will be treated to your first Korean meal during the included welcome dinner. Afterwards, you can enjoy the breathtaking night views from the top of Namsan Mountain, where you will see the famous transmission tower illuminated in pink, blue, and green.

 4 Share Dorm - Step Inn Myeongdong

 Dinner

 Welcome Dinner & Namsan Mountain by night

## DAY 2

Modern Seoul & HiKR visit

After breakfast having breakfast at the hostel, head to Hapjeong for a K-pop dance class, create a video, and visit HiKR to learn about the K-Wave. Enjoy the afternoon free, then meet in Itaewon for dinner and drinks. In your free time, you can visit Myeongdong Catholic Church which is the first catholic church built in Korea with a fascinating Gothic style or Lotte World theme park.

 4 Share Dorm - Step Inn Myeongdong

 Breakfast

 HiKR visit and video

## DAY 3

Free Day In Seoul

Today is all about choosing your adventure. Start your morning with a stroll along Seouollo 7017 for stunning city views, explore history at the National Museum of Korea, or enjoy the vibrant murals in Ihwa Mural Village. Later, indulge in beauty treatments in Myeongdong before reuniting with the group around 4pm for an amazing Korean dinner!

 4 Share Dorm - Step Inn Myeongdong

 Breakfast & Lunch

 N/A

 Seouollo 7017, National Museum of Korea, Ihwa Mural Village, Beauty treatment

## DAY 4

Traditional Seoul

Today, you'll step back into the Joseon Dynasty, starting with the Changing of the Guard at Gyeongbokgung Palace, one of Seoul's historic landmarks. Explore its grand courtyards, architecture, and tranquil garden. Next, stroll through Bukchon Hanok Village, a well-preserved traditional area once home to Joseon officials. In the evening, enjoy a street food tour of Gwangjang Market, sampling Seoul's best local dishes.

 4 Share Dorm - Step Inn Myeongdong

 Breakfast & Dinner



Changing of the guard viewing, Gyeongbokgung Palace visit, Hanok Village visit, Insadong visit, Gwangjang Market food tour

 Hanbok rental, traditional lunch in the Hanok Village



# TRAVEL ITINERARY

## DAY 5

Temple Time!

Escape the city to a serene mountain temple, where you'll immerse in peaceful temple life. Experience a singing bowl meditation, evening bell tolling, and prayer chanting. After a reflective Buddhist dinner, enjoy a tea with a monk and ask questions about life. It's the perfect chance to reset before continuing your journey.



Twin Share -  
Samgaksan  
Geumseonsa Temple



Breakfast  
& Dinner



Singing bowl meditation session, evening  
& morning chanting, tea with a monk

## DAY 6

On to Jeonju

After morning chanting and a healthy breakfast, leave the mountain retreat for Jeonju, a city famous for its cuisine, drinks, and traditional village. Check in to a charming Hanok guesthouse, then explore the city. Enjoy a rice wine tasting at the Hanok and visit Makgoli Alley for a delicious dinner, where you can try 'anju'—foods paired with drinks.



Twin share -  
Laon Hanok Gguljam



Breakfast



Hanok village walk, makgoli  
tasting session



Traditional bibimbap lunch,  
Gyeongijeon Shrine, Brewery  
visit, Makgoli Alley

## DAY 7

Gyeongju

After leaving Jeonju, travel by bus to Gyeongju, the ancient capital known as the "Museum Without Walls" for its UNESCO sites, temples, and royal tombs. After checking in, explore the city by bike, visiting its famous landmarks. In the evening, visit Donggung Palace and enjoy the beautiful reflections of Anapji Pond.



Multishare -  
Blue Boat Hostel



N/A



UNESCO historical sites visit, Anapji Pond at  
night

## DAY 8

Free day in  
Gyeongju

Today in Gyeongju is free for exploration. You can visit the ancient burial mounds at Tumuli Park, learn about the Silla Kingdom at Gyeongju National Museum, or enjoy a relaxing bike ride or boat trip around Bomun Lake. In the evening, meet up with the group to try out the bars and restaurants in the old town.



Multishare -  
Blue Boat Hostel



N/A



N/A



Tumuli Park, Gyeongju  
National Museum, Bomun  
Lake



## DAY 9

Busan

Today, we head to Busan, a vibrant city by the sea with beaches and mountains. After checking into our downtown hotel, we'll visit Jagalchi Market and nearby shopping districts. The afternoon is yours to explore—consider visiting Gamcheon Cultural Village or relaxing in a jjimjilbang. End the day singing in one of Korea's famous karaoke rooms.



Twin share -  
Toyoko Inn



Breakfast



Jagalchi Market visit,  
Karaoke



Gamcheon Cultural Village,  
bathhouse, Night out in  
Seomyeon

## DAY 10

Depart



N/A



Breakfast



N/A

# FAQ

### What is the age range of the tour?

We have an age range of 18 – 45 years old for our tours. Most of our guests are aged between 21-35 years old.

### Where should I fly into?

Incheon International Airport (ICN).

### Will I be picked up from the airport?

At this time we do not offer airport transfers, however, Korea has one of the best rail networks in the world and we will provide you with clear instructions on how to get from the airport to your starting accommodation with ease.

### Is there WiFi throughout the trip?

WiFi is available at all accommodations during the trip.

### What's the rooming situation like?

A mixture of multishare and twin accommodation throughout. You will be paired with someone of the same sex. Twin and single upgrades are available

### Is there safe drinking water in South Korea?

South Korea generally has safe drinking water. The country has established water treatment and distribution systems that meet or exceed international standards for water quality.

### I am applying for my visa / K-ETA and I need a reference and address?

Step Inn Myeongdong Address: 55 Myeongdong-gil, Myeong-dong 1(il)-ga, Jung-gu, Seoul, South Korea

### Can you cater for my dietary requirements?

South Korea has extremely limited options for vegans. Please email [enquiries@onelifeadventures.com.au](mailto:enquiries@onelifeadventures.com.au) with your dietary requirements before booking.





# ACCOMMODATION

## SEOUL - STEP INN MYEONGDONG\*

4 Share Dorm



## SEOUL - SAMGAKSAN\* GEUMSEONSA TEMPLE

Twin share (floor sleeping)



## JEONJU - LAON HANOK GGULJAM\*

Twin Share



## GYEONGJU - BLUE BOAT HOSTEL\*

Multishare



## BUSAN - TOYOKO INN\*

Twin share

