

JAPAN ESSENTIALS



STARTS TOKYO
ENDS OSAKA



9 DAYS
8 NIGHTS



AIRPORT PICK-UP
NOT INCLUDED



BULLET TRAIN,
SUBWAYS, ROMANCE
CAR & MORE



4 BREAKFASTS
4 DINNERS

Highlights



EXPLORE THE
STREETS OF TOKYO



FUSHIMI-INARI
RED TORII GATES



TAKE IN THE
EPIC MT FUJI



STROLL DOWN THE
BAMBOO FOREST



KYOTO'S GOLDEN
PAVILION

Activities

- Welcome Dinner
- Japan Orientation
- Famous Tokyo Districts (Shinjuku, Harajuku, Akihabara and more)
- Visit to Senso-ji Temple at night
- Shibuya Crossing
- Mt Fuji viewing & exploring Hakone
- Fushimi-Inari Red Torii Gates
- Kiyomizu-Dera Temple
- The Golden Pavilion in Kyoto
- Climb Monkey Mountain (Iwatayama)
- The Arashiyama Bamboo Forest
- Food tour in Osaka
- Karaoke on the final night

Optional Extras: Sushi making class, Kimono Hire, Tea ceremony, Samurai Museum and Sword Experience

*All optional activities must be booked in advance and are subject to availability, contact

enquires@onelifeadventures.com.au for more information.




TRAVEL ITINERARY

DAY 1

Welcome to
Tokyo

Once you reach your hostel in the historic Asakusa area, your tour guide will be there to welcome you. Tonight, you will enjoy a Japanese cuisine feast and get to know the other members of your group. After dinner, when the crowds have dispersed, you will have the chance to explore the Tokyo Senso-ji Temple by night, which is an iconic landmark.

 **Multishare (mixed gender)
dorms - Sakura Hostel Asakusa**

 **Dinner**


 **Welcome Dinner,
Senso-Ji Temple**

DAY 2

Explore
Tokyo

Start the morning off with a Japan Orientation Briefing. We'll then head out to Harajuku then head into Yoyogi Park, host of the beautiful Meiji Shrine. Afterwards, we'll head to Akihabara – Tokyo's electric town – and be blinded by the all the neon lights and chaotic shops in store. You can check out the famous Maid Cafes or just wander around the area. For those of you who want to try street go-karting*, this will be your chance!

*You are responsible for booking your own Street Go-karting. We recommend organising this well in advance of your tour arrival and you must have an international drivers license.

 **Multishare (mixed gender)
Dorms - Sakura Hostel Asakusa**

 **Breakfast**


 **Japan Orientation,
Tokyo Districts**

DAY 3

Shibuya
Evening

You have the first half of the day to yourself. Your guide will be available to assist you with your plans, but you could attend a sushi-making class*or simply wander around this enchanting city. Later in the evening, you will travel to Shinjuku, where you can take in an unparalleled view of Tokyo's skyline, explore the famous Omoide Yokochi Alley and have dinner before observing the iconic Shibuya Pedestrian Crossing.

*Must be booked 30 days before the tour start date. Subject to availability.

 **Multishare (mixed gender)
Dorms - Sakura Hostel Asakusa**

 **Breakfast**

 **Shibuya Crossing,
city walks**

 **Sushi Class**



DAY 4

Hakone

Today, you will embark on a journey to the beautiful mountain town of Hakone by taking the "Romance Car." On your arrival, you will check into your guesthouse. .Hakone is known for its delicious food and offers a breathtaking view of Mt. Fuji (weather permitting). After you will return to your guesthouse for a family-style dinner.



Twin or Triple Tatami Mats
- Gora Gaku Guesthouse



Breakfast, Dinner



Mt Fuji Viewing

DAY 5

Gion District

You will take the bullet train journey to Kyoto, the ancient capital of Japan. On your arrival, you will check into your accommodation. In the evening, you will be accompanied by a guide on a walking tour of Kyoto's Gion district. This area is famous for its Geishas, the traditional art form of entertainment in Japan. After the walking tour, you will be treated to a delicious dinner at one of the best yakitori (grilled chicken sticks) places in town, which is included in your tour.



Multishare (mixed gender)
dorm - Piece Hostel Kyoto



Dinner at
Torikizoku



Gion District Walking Tour

DAY 6

Kiyomizu-Dera &
Fushimi-Inari

Take the subway to the Fushimi-Inari Shrine. After that, you will head towards Kiyomizu-dera temple, which is one of Japan's most famous temples, and an absolute must-see. The rest of the day will be free for you to explore at your own pace. If you want to experience the traditional side of Japan, you can choose to participate in a tea ceremony* and rent a kimono.

*Must be booked 30 days before the tour start date. Subject to availability.



Multishare (mixed gender)
dorm - Piece Hostel Kyoto



N/A



Kiyomizu-Dera,
Fushimi-Inari Shrine



Kimono Hire, tea
ceremony

DAY 7

Bamboo Forest
& Monkey
Mountain

Your day will start with a train ride to Arashiyama. Today's itinerary includes a visit to the stunning bamboo forest, a climb up Monkey Mountain, and an optional traditional Japanese boat ride through the valleys. You will have the afternoon free to explore the town at your leisure.



Multishare (mixed gender)
dorm - Piece Hostel Kyoto



N/A



Arashiyama Bamboo Forest,
Monkey Mountain



DAY 8

Golden Pavilion

You will head to the breathtaking Golden Pavilion. After that, you will visit the peaceful Daitoku-ji, a complex of old temples nestled in a leafy area. Later, you will be exploring the famous Dotonbori area in Osaka, where you will experience the food, the people, the lights, and the vibrant colours of the "kitchen of Japan." The evening will finish with a night of karaoke and drinks.



Multishare (mixed gender)
Dorm - The Stay Shinsaibashi



Dinner



Golden Pavilion, Zen Garden visit, Imperial
Palace visit, Osaka Food Tour, karaoke

DAY 9

Depart

It's time to bid farewell to your tour group and the new friends you've made on this journey. We hope you've thoroughly enjoyed your experience in Japan!



N/A



Breakfast



N/A

FAQ

What is the age range of the tour?

We have an age range of 18 – 45 years old for our tours. Most of our guests are aged between 21-35 years old.

Where should I fly into?

You can fly into Narita International Airport (NRT) or Haneda International Airport (HND).

Is there much free time in each location?

our Japan Essentials tour has a lot more free time for you to explore on your own, or with your new friends on tour.

Do we need to purchase a Japan Rail Pass?

The Japan Rail Pass is not included and you don't need to purchase one as we take care of all the transport for you. We try to use local transport for a more authentic experience.

Can you cater for my dietary requirements on this trip?

Due to the nature of cuisine in Japan, strict dietary requirements may be difficult to accommodate in some areas. We recommend downloading the app "Happy Cow" and asking your tour guide for advice throughout the tour.

How long are the travel times?

Whilst on the tour the longest travel time is around 4 hours. There will be a day where we will be on the train for 2-3 hours twice in one day with a 30 minute change.

Do I need to book optional activities beforehand?

It is recommended that you book optional activities at least 30 days before your tour starts as they are subject to availability. For more information or to book, please contact enquires@onelifeadventures.com.au.





ACCOMMODATION

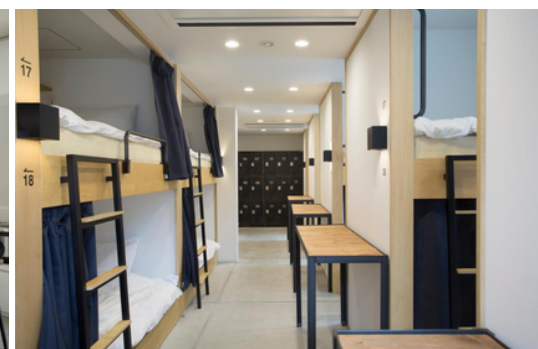
HAKONE - GORAGAKU GUESTHOUSE

Twin/Triple tatami mats
*or similar



KYOTO - PIECE HOSTEL

Multi-share
*or similar



TOKYO- SAKURA HOSTEL ASAKUSA

Multi-share (Mixed
Gender)Dorms
*or similar



KYOTO- THE STAY SHINSAIBASHI

Multi-share (Mixed
Gender)Dorms
*or similar

