



JAPAN ESSENTIALS



STARTS TOKYO
ENDS HIROSHIMA

13 DAYS
12 NIGHTS

AIRPORT PICK-UP
NOT INCLUDED

BULLET TRAIN,
SUBWAYS, ROMANCE
CAR & MORE

5 BREAKFASTS
4 DINNERS

Highlights



GION DISTRICT



HIROSHIMA PEACE
MEMORIAL



TEMPLES AT
MIYAJIMA ISLAND



SENSO-JI TEMPLE



FUSHIMI-INARI
RED TORII GATES



Activities

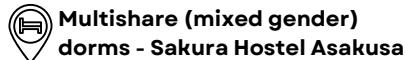
- Welcome Dinner
- Visit to Senso-ji Temple at night
- Japan Orientation
- Famous Tokyo Districts (Shinjuku, Harajuku, Akihabara and more)
- Shibuya Crossing
- Mt Fuji viewing & exploring Hakone
- Fushimi-Inari Red Torii Gates
- Kiyomizu-Dera Temple
- The Golden Pavilion in Kyoto
- Climb Monkey Mountain (Iwatayama)
- The Arashiyama Bamboo Forest
- Food tour in Osaka
- Karaoke
- Osaka Castle Gardens
- Shinsekai Tour
- Explore Nara Park & temples
- Morning Danjo Garan Complex Tour
- Hiroshima Peace Memorial Guided Tour
- Miyajima Island
- Itsukushima Shrine
- Hall of 1,000 Mats
- Optional Extras: Sushi making class, Street Go Karting, Kimono Hire, Tea ceremony, Samurai Museum and Sword Experience, Osaka Backstreets Tour

*All optional activities must be booked in advance and are subject to availability, contact enquiries@onelifeadventures.com.au for more information

TRAVEL ITINERARY

DAY 1 Welcome to Tokyo

Once you reach your hostel in the historic Asakusa area, your tour guide will be there to welcome you. Tonight, you will enjoy a Japanese cuisine feast and get to know the other members of your group. After dinner, when the crowds have dispersed, you will have the chance to explore the Tokyo Senso-ji Temple by night, which is an iconic landmark.



DAY 2 Explore Tokyo

Start the morning off with a Japan Orientation Briefing. We'll then head out to Harajuku then head into Yoyogi Park, host of the beautiful Meiji Shrine. Afterwards, we'll head to Akihabara – Tokyo's electric town – and be blinded by the all the neon lights and chaotic shops in store. You can check out the famous Maid Cafes or just wander around the area. For those of you who want to try street go-karting*, this will be your chance!

*You are responsible for booking your own Street Go-karting. We recommend organising this well in advance of your tour arrival and you must have an international drivers license.



DAY 3 Shibuya Evening

You have the first half of the day to yourself. Your guide will be available to assist you with your plans, but you could attend a sushi-making class* or simply wander around this enchanting city. Later in the evening, you will travel to Shinjuku, where you can take in an unparalleled view of Tokyo's skyline, explore the famous Omoide Yokocho Alley and have dinner before observing the iconic Shibuya Pedestrian Crossing.

*Must be booked 30 days before the tour start date. Subject to availability.



DAY 4 Hakone

Today, you will embark on a journey to the beautiful mountain town of Hakone by taking the "Romance Car." On your arrival, you will check into your guesthouse. Hakone is known for its delicious food and offers a breathtaking view of Mt. Fuji (weather permitting). After you will return to your guesthouse for a family-style dinner.





DAY 5 Gion District

You will take the bullet train journey to Kyoto, the ancient capital of Japan. On your arrival, you will check into your accommodation. In the evening, you will be accompanied by a guide on a walking tour of Kyoto's Gion district. This area is famous for its Geishas, the traditional art form of entertainment in Japan. After the walking tour, you will be treated to a delicious dinner at one of the best yakitori (grilled chicken sticks) places in town, which is included in your tour.



DAY 6 Kiyomizu-Dera & Fushimi-Inari

Take the subway to the Fushimi-Inari Shrine. After that, you will head towards Kiyomizu-dera temple, which is one of Japan's most famous temples, and an absolute must-see. The rest of the day will be free for you to explore at your own pace. If you want to experience the traditional side of Japan, you can choose to participate in a tea ceremony* and rent a kimono.

*Must be booked 30 days before the tour start date. Subject to availability.



DAY 7 Bamboo Forest & Monkey Mountain

Your day will start with a train ride to Arashiyama. Today's itinerary includes a visit to the stunning bamboo forest, a climb up Monkey Mountain, and an optional traditional Japanese boat ride through the valleys. You will have the afternoon free to explore the town at your leisure.



DAY 8 Golden Pavilion

You will head to the breathtaking Golden Pavilion. After that, you will visit the peaceful Daitoku-ji, a complex of old temples nestled in a leafy area. Later, you will be exploring the famous Dotonbori area in Osaka, where you will experience the food, the people, the lights, and the vibrant colours of the "kitchen of Japan." The evening will finish with a night of karaoke and drinks.



Multishare (mixed gender) dorm - Piece Hostel Kyoto



Kiyomizu-Dera, Fushimi-Inari Shrine



Golden Pavilion, Zen Garden visit, Imperial Palace visit, Osaka Food Tour, karaoke



DAY 9

Osaka Castle Gardens

After nursing your head from last night's antics, we thought it best to give you the morning off to explore Osaka yourself. You may choose to visit AmericaTown, where you can explore unique shops and cafes, or relax and rejuvenate at Spa World. Alternatively, dive into the culinary history of Japan at the Ramen Museum.

In the evening, you'll regroup to visit the historic Osaka Castle. After watching the sunset, you'll then head over to the vibrant Shinsekai district. Here, you can savour a variety of local delicacies for dinner, explore bustling streets filled with neon lights.



Multishare (mixed gender)
Dorm - The Stay Shinsaibashi



Breakfast



Osaka Castle Gardens,
Shinsekai Tour



Osaka
Backstreets Tour

DAY 10

Nara

It's an early start today as you head out of the city, 45 minutes on the train to beautiful Nara. Nara is famous for being a city that lives symbiotically with deer and is historically important as the former capital of ancient Japan. You'll make your way around the serene park & stunning temples before heading back to Osaka to explore further districts.



Multishare (mixed gender)
Dorm - The Stay Shinsaibashi



Breakfast



Nara Park & Temples



TeamLab Osaka

DAY 11

Hiroshima

You'll head to the iconic city of Hiroshima. After checking in to your accommodation, you'll walk to the humbling Hiroshima Peace Memorial Park and be taken around this area by our local guide to educate you on the area's astonishing past. You'll finish with a walk around the museum before grabbing some food and calling it a day.



Multishare (mixed gender) -
Mange Tak Hiroshima



N/A



Morning Danjo Garan Complex Tour,
Hiroshima Peace Memorial Guided Tour

DAY 12

Miyajima Island

Take the metro towards the beautiful Miyajima Island, located about 1hr away from Hiroshima. Once you're off the metro, you'll take a short ferry ride to the island. You'll take an easy stroll around the island, visiting the incredible Great Torii gate. Next, you'll have the afternoon free to explore. Consider booking a Traditional Japanese Archery experience as an optional extra. In the evening, you'll head out one last time as a group for your final evening together in Japan!



Multishare (mixed gender) -
Mange Tak Hiroshima



N/A



Miyajima Island, Itsukushima
Shrine, Hall of 1,000 Mats



Traditional Japanese
Archery Experience

DAY 13

Depart

It's time to say goodbye to your group and the new friends you have made from your tour. We hope you've loved your Japan experience!



N/A



N/A



N/A

FAQ

What is the age range of the tour?

We have an age range of 18 – 45 years old for our tours. Most of our guests are aged between 21-35 years old.

Where should I fly into?

You can fly into Narita International Airport (NRT) or Haneda International Airport (HND).

Is there much free time in each location?

our Japan Essentials tour has a lot more free time for you to explore on your own, or with your new friends on tour.

The tour doesn't end in Tokyo, is the return to Tokyo included?

For those wishing to return to Tokyo after the tour finishes in Osaka/Hiroshima there is the option to include the train cost in the ticket price. This is bookable by your agent at the time of booking or you can add it to your basket when booking on our website.

Can you cater for my dietary requirements on this trip?

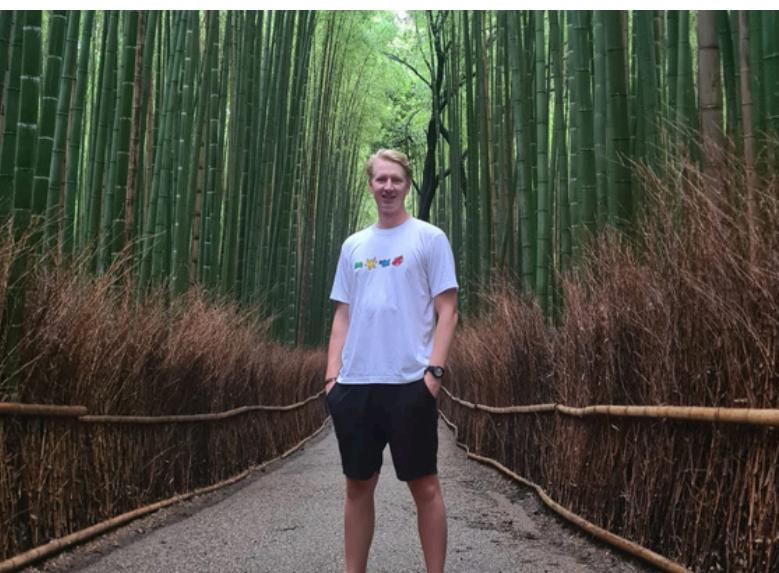
Due to the nature of cuisine in Japan, strict dietary requirements may be difficult to accommodate in some areas. We recommend downloading the app "Happy Cow" and asking your tour guide for advice throughout the tour.

How long are the travel times?

Whilst on the tour the longest travel time is around 4 hours. There will be a day where we will be on the train for 2-3 hours twice in one day with a 30 minute change.

Do I need to book optional activities beforehand?

It is recommended that you book optional activities at least 30 days before your tour starts as they are subject to availability. For more information or to book, please contact enquires@onelifeadventures.com.au.



ACCOMMODATION

HAKONE - GORA GAKU GUESTHOUSE

Twin/Triple tatami mats
*or similar



KYOTO - PIECE HOSTEL

Multi-share
*or similar



TOKYO- SAKURA HOSTEL ASAUSA

Multi-share (Mixed
Gender)Dorms
*or similar



KYOTO- THE STAY SHINSAIBASHI

Multi-share (Mixed
Gender)Dorms
*or similar



HIROSHIMA - MANGE TAK HIROSHIMA

Multi-share (Mixed
Gender)Dorms
*or similar

