



INDIA & NEPAL EXPEDITION



STARTS DELHI
ENDS KATHMANDU

20 DAYS
19 NIGHTS

AIRPORT PICK-UP
INCLUDED ON DAY 1

TRAINS, TUK TUKS
BIKES BOATS &
INTERNATIONAL
FLIGHT

18 BREAKFASTS
3 LUNCHES
9 DINNERS



MARVEL THE
TAJ MAHAL



AMBER FORT
JAIPUR



CULTURAL
VILLAGE VISITS



SWAYAMBHUNATH
STUPA



CHITWAN NATIONAL
PARK



ANAPURNA RANGE
DAY TREK

Highlights

Activities

- Welcome Dinner
- Delhi City Tour Including Sikh Mega
- Kitchen & Lotus Temple
- Jeep Safari in Bikaner
- Camel Research Centre
- Sunrise & Sunset at the Taj Mahal
- Bollywood Movie
- Jaipur Market Tour
- Monkey Temple
- Pushkar Orientation Walk
- Brahmin Blessing by Holy Lake
- Interactive Cooking Demo
- Jodhpur Blue City Tour
- Mehrangarh Fort Visit With Audio Guide
- Udaipur Sunset Boat Cruise
- Bike Ride & Walks Through Local Villages & Farms
- Heritage Haveli Stays
- Guided Delhi Food Tasting Tour
- Wedding Street Walk
- Kathmandu City Tour
- Cooking Demo & Dinner at Seven Women



TRAVEL ITINERARY

DAY 1

Arrive in India

Welcome to India, a country that requires little introduction. Arrive throughout the day, get an airport transfer and meet your group leader at your hotel in the heart of New Delhi. Tonight, you'll venture out as a group for your welcome dinner and your first chance to sample that famous Indian cuisine.



DAY 2

Delhi City & Street food tour

The first stop today is a beautiful Sikh Temple. Next, step into the huge community kitchen, where Sikhs provide free meals to residents of the city, every day. After lunch, you'll visit the illustrious Lotus Temple and wander through the gardens. In the evening, you will be transferred to Old Delhi. Your guide will educate the group on the area and fill your bellies with Indian sweets and snacks. You will then be taken by rickshaws (similar to Tuk-Tuks) through Chandni Chowk to Mutton Street.



DAY 3

Agra, Sunset at the Taj Mahal

After breakfast, you'll transfer to Agra by train and check into your hotel. In the afternoon you will take Tuk Tuks to a quiet garden south of the Taj Mahal to view this magnificent structure away from the crowds at sunset. Tomorrow, you'll head inside, but today is all about enjoying the beauty that this monument has to offer. You'll grab dinner in the evening and get an early night as we are up for sunrise tomorrow.



DAY 4

Agra: Sunrise Taj Mahal

It's an early start today as you head to the Taj Mahal to beat the crowds and experience it in almost perfect silence. As you head inside, learn all the secrets that most people don't know about what makes the Taj Mahal so special. Then you head to Jaipur, also known as the pink city. This evening, watch a Bollywood movie the way the director intended it to be watched, in one of the grandest theatres in the world.



DAY 5

Jaipur, Hawa Mahal

This morning your guide will take you on an orientation walk of the old town. You'll visit the local market, understand the origins of the "Pink City," meet some locals and market traders and learn all about the spices that are synonymous with Indian cooking. Next, jump in some Tuk Tuks to visit Galta-Ji, also known as the Monkey Temple. This temple, built into the hills, is home to hundreds of grey long-tailed Asian monkeys. You will have the rest of the day free to explore the other sites of Jaipur.

 Double/Twin Rooms
Surya Villa (or similar)

 Breakfast

 Orientation Walk of City and Market, Galta-Ji Monkey Temple

DAY 6

Pushkar,
Blessing on
the lake

After breakfast in the morning, you'll take a private transfer to Pushkar, known as one of the holiest towns in India. Pushkar is a backpacker's paradise with amazing food, beautiful markets, rolling landscapes, hiking and unrivalled sunsets. In the afternoon, a local Brahmin will induct you to Pushkar properly with a blessing on the holy lake and you'll grab a drink at a lakeside cafe before heading back to your accommodation for the night

 Twin/Double Rooms –
Camp Land's End (or
similar)

 Breakfast

 Pushkar Orientation Walk & Brahmin Blessing
by Holy Lake

DAY 7

Udaipur

Today you'll return to Ajmer before taking the train to Udaipur, the "White City" – also known as the city of lakes. It is also the location for filming the James Bond film, Octopussy! The lakes and architecture provide a perfect balance between the hectic and the tranquil and no better way to experience this is with a walk through the markets and old town and finishing with a private sunset cruise on the lake.

 Twin/Double Rooms –
Raj Palace (or similar)

 Breakfast

 Udaipur Orientation Walk, Sunset Boat
Cruise on Lake Pichola

DAY 8

Udaipur

It will be an early start today as you head out of town for a bike ride village tour. Your guide, who is from the local village, will introduce you to the ways the locals live. After the bike tour, you will visit a local school during your time in this area. You'll have some free time in the afternoon before heading back to camp at sunset to work with local villagers learning how to cook traditional Indian cuisine.

 Twin/Double Rooms – Raj
Palace (or similar)

 Breakfast &
Dinner

 Cooking demonstration, Bike Tour with village visit
Purpose Moment



DAY 9 Jodhpur

Today you will take a bus to the home of the blue city, Jodhpur. Your Haveli accommodation is situated in the middle of the blue city where the walls are painted blue throughout this labyrinth of buildings in the shadow of the ever imposing Mehrangarh Fort. In the late afternoon, you will stroll through the mesmerising blue city and pause at the Jodhpur stepwell, an impressive marvel of ancient stonework. As you wander around the clock tower market, you can sample the famous Saffron Lassi and some delicious samosas. Finally, you will head back to your accommodation to wrap up the day.



DAY 10 Mehrangarh Fort

You will have the morning free to relax after yesterday's travel. During your free time, you can choose to explore the blue city on foot, take a rooftop yoga class, or, for the more adventurous, zipline over the ramparts of the Jodhpur fort. In the early afternoon, your group will meet and walk to the Mehrangarh fort with your local guide. Your guide will show you around the immaculately kept fort, and with the assistance of an audio guide, you'll leave with a thorough understanding of Indian royal life.



DAY 11 Safari in the Dunes

This morning you will take an early train to Bikaner. Once you arrive in Bikaner, you'll be transferred to your accommodation and grab some breakfast before you head out for the day to explore Camel Country. Get ready for a Jeep safari in the desert! Afterwards, you'll visit the Camel Research Centre. Bikaner is home to some of the world's best riding camels and one of the world's largest camel research and breeding farms. You'll finish the day with a delicious dinner before getting some well-deserved rest.



DAY 12 City Walk & Train to Delhi

After a free morning, you'll check out and head into the centre of Bikaner for an old city walking tour. The tour offers a journey through the historic heart of the city.

After dinner tonight you will be taking an overnight train to Delhi.



DAY 13
Delhi

On your arrival in Delhi, you will be transferred from the train station to your final hotel. You will have the afternoon free to do as you please before meeting with your group to enjoy your final dinner in India.

**Twin/Double Rooms - The Florence Inn (or similar)****Breakfast & Dinner****Farewell to India dinner****DAY 14**
Let's go to Nepal

This morning you will be transferred to Delhi Airport for your included flight to Kathmandu. Say goodbye India and hello Nepal!

Upon arrival in Nepal, you will be greeted at the airport and begin the final part of your Expedition tour in Kathmandu, the vibrant and colorful capital teeming with life. After a day of travel you will be ready for another warm welcome dinner at an authentic Nepali restaurant in Thamel Bazaar, where you'll indulge in local flavors amid the buzz of this cultural hotspot.

**Twin Rooms - Flock Hostel, Kathmandu (or similar)****Breakfast & Dinner****Nepal Welcome Dinner****DAY 15**
Exploring Kathmandu

Explore the vibrant city of Kathmandu on your included city tour. You'll explore the iconic Kathmandu Durbar Square, visit the Swoyambhunath Stupa, and don't miss Patan Durbar Square, famous for its exquisite temples and artisan shops. You'll end your day with a unique cooking demonstration and dinner at Seven Women, a social enterprise devoted to empowering marginalised women through education and employment opportunities. Savor the flavors of authentic Nepalese cuisine while supporting a meaningful cause.

**Twin Rooms - Flock Hostel, Kathmandu (or similar)****Breakfast & Dinner****City tour, Cooking demo and dinner at Seven Women****DAY 16**
Chitwan National Park

Today, after breakfast, you'll travel to the UNESCO World Heritage Site of Chitwan National Park, a sanctuary for diverse wildlife including rhinoceros, tigers, elephants, and over 500 species of birds. Widely recognised as one of the best national parks in Asia, Chitwan offers a unique opportunity to witness these magnificent creatures in their natural habitat. Settle into your comfortable accommodation, surrounded by lush greenery and the sounds of nature. In the evening, relax and immerse yourself in the peaceful ambiance of this extraordinary place.

**Twin Rooms - Safari Adventure, Chitwan (or similar)****Breakfast, Lunch & Dinner****Transfer to Chitwan**

DAY 17 Chitwan Adventures

After breakfast, you'll start your morning with a one-hour jungle walk, where you can observe the rich flora and fauna up close. Next up is a 45-minute canoe ride along the tranquil river, offering a unique perspective of the park's diverse ecosystem. In the afternoon, gear up for a 4-hour jeep safari, providing plenty of opportunities to spot the park's incredible wildlife, including rhinos, tigers, and a variety of native birds.



DAY 18 Pokhara

Today you will journey to Pokhara, also known as the Gateway to the Himalayas. Nestled in the foothills of the Annapurna range, Pokhara offers breathtaking views and a serene atmosphere. After settling into your new accommodation you'll be taken on an evening orientation walk around the tranquil waters of Phewa Lake, visit the Tal Barahi Temple, explore charming fisherman villages, and wander through vibrant local bazaars filled with colorful handicrafts and delicious street food.



DAY 19 Trekking to Australian Camp

Set out on a scenic trek to Australian Camp via Dhampus village. This 5-6 hour hike takes you through lush rhododendron forests, terraced farmlands, and traditional villages, offering breathtaking views of the Annapurna Mountain Range. As you traverse the trails, you'll encounter vibrant local wildlife and experience the culture of the indigenous communities. Whether you're a keen hiker or a nature enthusiast, this journey will captivate you with its natural beauty and rich cultural heritage.



DAY 20 Return to Kathmandu

Today you will bid farewell to the serene beauty of Pokhara and journey back to Kathmandu. Take a moment to reflect on the vibrant culture, warm-hearted locals, and breathtaking landscapes that have made your Nepali adventure extraordinary. We do not doubt that you will ever forget this incredible week exploring Nepal with One Life. Your included transfer will be a 8-9 hour journey. To avoid this longer journey, you may also take a short domestic flight back to Kathmandu. Please note that this will have to be arranged independently and is not included in the tour.



FAQ

What is the age range of the tour?

We have an age range of 18 – 45 years old for our tours. Most of our guests are aged between 21-35 years old.

Where do we spend the first night on tour?

The Florence Inn Hotel, New Delhi.

How will we get from India to Nepal?

The tour cost includes your international flight from Delhi to Kathmandu including all transfers. The flight will happen on day 14 of the tour.

When booking, please ensure your name and full passport details are provided correctly.

Where does the tour end?

On the final day you will return to where you began the tour in Kathmandu from Pokhara. Your included transfer will be a 8-9 hour journey. To avoid this longer journey, you may also take a short domestic flight back to Kathmandu. Please note that this will have to be arranged independently and is not included in the tour.

Where should I fly into and where should I fly out of?

Fly into New Delhi International Airport (DEL). After the tour you should fly home from Tribhuvan International Airport.

Will I be picked up from the airport?

Yes, if you arrive on Day 1 of the tour or if you book a prenight's stay with us, you will have an airport pickup included with your tour. If you're arriving earlier, please get in touch with us and we can help you arrange your pickup seperately.

How much spending money do I need for this tour?

Spending varies from person to person & you'll receive a spending guide in your welcome pack, but \$30-40 AUD per day is plenty on average. You can withdraw from ATMs at various points throughout the tour. This [cost of living website](#) gives accurate prices of all the basics in India, including food and alcohol.

Tipping is not compulsory, but is very much so expected in India. There is a culture of tipping around 10% of the bill for hotels and restaurants. We usually find it easier if your group leader says how much the tip should be and everyone can pitch in together to form a kitty which will cover you for any hotels or restaurants we visit on tour together.

I am applying for my visa and I need a reference and address?

TravelXS, No.416, 4th Floor, Som Datt Champer-II, 9 Bhikaji Cama Place, New Delhi, 11066.

PHONE: +91 114 909 8660

What is the rooming situation like?

Most nights on this tour you will be in hotels, traditional havelis or even a desert glamping experience in double/twin share rooms.

Can I bring a 20kg suitcase on this trip?

We wouldn't recommend bringing more than 15-20kg as we strictly use public transport and it will be much more comfortable for you to carry less.

Can you cater for my dietary requirements?

Yes, we can cater for most dietary requirements & India is a haven for vegetarians and vegans. Please notify us prior to arriving on day 1 so we can arrange this for you.

Is the Australia Camp trek challenging?

The trek to Australia Camp involves a 5-6 hour hike that reaches an altitude of 2,065m. While this altitude is not typically associated with high-altitude illness (HAI), the oxygen levels are lower than at sea level, which can make the trek more strenuous for some individuals.

I have a respiratory condition (e.g., asthma). Can I still participate in the trek?

If you have a respiratory condition such as asthma, we recommend consulting your doctor prior to booking. The reduced oxygen levels at this altitude may have significant effects on individuals with respiratory issues.





ACCOMMODATION

NEW DELHI - FLORENCE INN*

Double/Twin Rooms
*or similar



AGRA - MAPLE GRAND HOTEL*

Double/Twin Rooms
*or similar



JAIPUR - SURYA VILLA INN*

Double/Twin Rooms
*or similar



PUSHKAR - MOTI MAHAL HOTEL *

Double/Twin Rooms
*or similar



UDAIPUR - RAJ PALACE HOTEL*

Double/Twin Rooms
*or similar





ACCOMMODATION

JODHPUR - KUCHAMAN HAVELI*

Double/Twin Rooms
*or similar



BIKANER - CAMP RAJPUTANA*

Hotel Jaswant Bhawan Apr-Aug / Camp Rajputana
Sep-Mar
Double/Twin Rooms
*or similar



KATHMANDU - FLOCK HOSTEL*

Twin Share
*or similar



CHITWAN - SAFARI ADVENTURE*

Twin Share
*or similar



POKHARA - BELI GUEST HOUSE*

Twin Rooms
*or similar

