



If you're looking for the best way to see Sydney and the East Coast of Australia, then our 4 week guided Oz East Coast adventure is for you. Full of incredible experiences, from Sydney's famous beaches and nightlife, to getting surf lessons from real Aussie surfer dudes in the famous Byron Bay. K'gari will have you driving a 4x4 on the beach, followed by sailing around the stunning Whitsundays 74 tropical islands. Heading to Magnetic Island, followed by cruising the magical Great Barrier Reef, plus much, MUCH more! You'll have an awesome group leader to guide you along the way, and a great new group of friends to enjoy the trip with. If you're coming to Oz on a Working Holiday Visa, you can get help finding work by upgrading to our Oz East Coast + Work trip with our Oz Jobs Program and get help with finding work and assistance setting you up to live in Oz! Get ready for the trip of a lifetime!

SYDNEY ➔ CAIRNS

Transport:	Public Coach, Minivan & Ferry
Meals:	8B, 8L, 8D
Group size:	8 - 22
Age Range:	18 - 39
Local Fees:	None

HIGHLIGHTS

- The iconic Sydney Harbour & stunning beaches
- Surfing lessons with Aussie dudes at Byron Bay
- Experience Surfers Paradise's nightclub scene and party the night away
- See stunning K'gari in a 4x4 and sleep under the stars
- Explore the Whitsundays' 74 tropical islands, especially the world famous Whitehaven beach
- See the wild koalas and wallabies on Magnetic Island
- Discover the Atherton Tablelands
- Snorkel the Great Barrier Reef and 2 of its unique outer reef locations by sail boat
- Sort all the important stuff for living and working in Oz, including setting up a bank account, tax file number, medicare and unlimited job finding assistance with our work add-on



INCLUSIONS

- ✓ Airport Transfer
- ✓ 27 Nights Accommodation
- ✓ 24 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Sydney City Tour
- ✓ Bondi to Coogee Walk & Beach BBQ
- ✓ Surf Lesson
- ✓ Byron Bay Surf Board Hire
- ✓ Yoga class
- ✓ Cape Byron Lighthouse Walk
- ✓ Jet Boating
- ✓ Brisbane City Tour
- ✓ 3 Day 4WD Tour of K'gari
- ✓ 2 Day 2 Night Whitsundays Sailing Trip
- ✓ 2 Nights Magnetic Island with Ferry Transfers
- ✓ Forts Walk
- ✓ Atherton Tablelands
- ✓ Full Day Snorkelling Great Barrier Reef at 2 Outer Reef Locations
- ✓ Help with Onward Travel

NOT INCLUDED:

Flights, insurance, visas, extra nights, some meals, drinks



ITINERARY & IMPORTANT INFO

DAY 1-3 - WELCOME TO OZ

• **SYDNEY** Once you've landed in Sydney, the included airport transfer will pick you up and take you to our hostel, from there you will get to meet the rest of your travel group! We will spend 2 days exploring Sydney's iconic harbour landmarks and stunning beaches like Bondi with a coastal walk before we start our adventure north!

DAY 4-6 - SURFS UP!

• **BYRON BAY** The famous surf town of Byron Bay is where we will spend the next 3 nights. Aussie surfer dudes will teach you how to surf, you'll spot dolphins, relax and unwind with morning yoga and a beautiful sunrise walk to Cape Byron Lighthouse.

DAY 7-8 - BEACHES & PARTIES

• **SURFERS PARADISE** Surfers Paradise is the iconic spot for all your party and city vibes. Get back to nature as you take in the breathtaking views of Surfers Paradise's iconic coastline with an exhilarating jet boat ride.

DAY 9-10 - BIG CITY & SUNSETS

• **BRISBANE** Queensland's capital is full of highlights for you to explore. You will get to chill out in 'The Lagoon', the only city man-made beach in Australia.

DAY 11-15 - 4X4 ISLAND SAFARI

• **RAINBOW BEACH & K'GARI** Heading up to the laidback coastal town of Rainbow Beach, we'll get to kick back on the sand or take a stroll through town before heading to K'gari - one of the absolute highlights on the East Coast. You'll be driving 4x4's around the biggest sand island in the world, and spend the next 3 days on sand dunes and beaches. Our next swim stop is the beautiful turquoise waters of Lake McKenzie, followed by a float down the river of Eli Creek. Indian Heads lookout is our next stop for 360 views of K'gari, then we get to chill in the bubbles of the Champagne Pools. You will learn about the history of the Aboriginal culture on the island, spot dingoes in the wild, and see the stars as you sleep in a purpose built campsite with your group. Arriving back in Rainbow Beach, we'll explore the colourful sand dunes before jumping on the overnight bus to Airlie Beach.

DAY 16-19 - SAIL TROPICAL ISLANDS

• **AIRLIE BEACH & WHITSUNDAYS** Once we hit Airlie beach, you'll get to enjoy some free time at the beachfront lagoon, before we begin sailing the stunning Whitsundays, made up of 74 tropical islands. We'll board our boat for the next 2 nights, relaxing and sunbathing on the deck as we sail to the outer parts of the Great Barrier Reef. See an abundance of marine life as you snorkel on the fringing reefs. Next up is world-famous Whitehaven Beach, a stunning beach filled with swirls of fine white sand.

DAY 20-21 - ISLAND EXPLORING

• **MAGNETIC ISLAND** Magnetic Island is our next stop as we jump on a ferry to this tropical paradise. You'll stay in beachfront huts for the next 2 days as you explore this magical island. Hire a car and explore the hidden beaches, as well as hike up the historic Forts Walk, and chill out in your ocean front hammock. You may even spot wild koalas and wallabies!

DAY 22-23 - HEART-PUMPING ADVENTURE

• **MISSION BEACH** The chilled out beachfront town of Mission Beach is our next relaxation location. It's also filled with adrenaline pumping activities that you may choose to do, from skydiving at 15,000ft over the Great Barrier Reef and rainforests, or white water rafting on the Tully River Rapids through the World Heritage Rainforest.

DAY 24-28 - GREAT BARRIER REEF

• **CAIRNS** Welcome to the ultimate backpacker adventure hub, Cairns. It's time to tick off a huge bucket list item and spend a full day on the Great Barrier Reef. You'll spend the day sailing and snorkelling unique outer reef locations in this World Heritage listed site.

Exploring the Aussie oasis of the Atherton Tablelands is next for Cairns, where you will swim under waterfalls and dormant volcano craters, and slide down natural rock slides, all while learning about this extraordinary place from your experienced guide. The night will finish with a farewell dinner and drinks to toast to the incredible adventures and friends we have made.

Your epic Aussie adventure ends in Cairns on the morning of day 28, but we are here to help with onward travel or work in Oz for the rest of your time in Australia.

ARRIVAL INFORMATION

It's best to arrive on the actual start date as there's no activities on day one so you'll have time to check in, relax and meet your group. If you do arrive early, you can book and pay for extra nights of the accommodation we use with your agent or in the [Manage My Booking](#) area.

AFTER OZ EAST COAST ADVENTURE

During the 28 days of the trip you'll get lots of help with finding work, accommodation and your onward travel. We'll make sure you're comfortable with what you're doing, where you're going and help you with everything you'll need to have the trip of a lifetime.

VISAS

You need a visa to enter Australia. Most people who do Oz East Coast Adventure are on either a Tourist Visa or a Working Holiday Visa if they are doing the Oz Jobs add-on. Please refer to our [FAQs](#) page for all up to date visa information for Australia or contact us if you need any help.

TRAVEL INSURANCE

Although Australia is a relatively safe place, it is important that you cover yourself for the unexpected by arranging travel insurance before you go. Travel insurance is compulsory for this trip and you can organise a quote and policy for yourself [here](#).

OZ JOBS PROGRAM

By doing Oz East Coast Adventure with the Work add-on we'll give you everything you need to find work in Australia including exclusive access to our own 'Oz Jobs' Program.

Before You Start: We'll help sort all the important things you'll need before you start working in Australia. We'll assist you with opening up a local bank account with [Wise](#), along with a SIM card, tax file number and assist with Medicare.

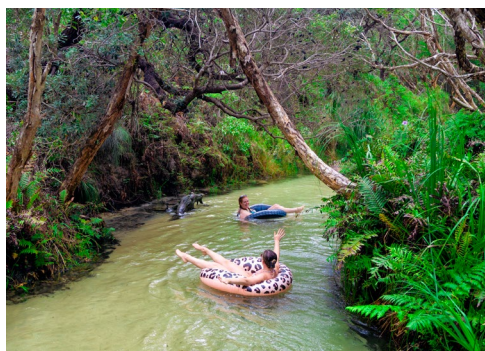
Training Courses: Certain jobs such as bar work and construction require you to complete specific training. We'll explain what's needed and can recommend training courses for you to do after the trip.

INTRO Jobs Website: You'll get a lifetime membership to our 'Oz Jobs' Program. This includes exclusive access to our INTRO Jobs website, where we post lots of great job opportunities everyday.

Unlimited Help & Advice: Your group leader will give you a comprehensive 'Work in Oz' presentation, as well as one on one advice and support on CV building, job finding, interview skills and anything else you'll need to secure a great job in Australia.

Australia Wide Support: We have friendly staff in our Australian offices that will be there to support you and help you find work for the entire time you're in Oz.

Farm Work & 2nd & 3rd Year Visas: If you do 88 days of regional or farm work in Australia you can apply for a 2nd Working Holiday Visa. We'll give you lots more info on this during your trip. (UK passport holders are not required to do farm work to apply for 2nd & 3rd year visas).



ACCOMMODATION GUIDE

SYDNEY - NOMADS SYDNEY HOSTEL

2 NIGHTS

Popular hostel with a nice bar, right in the heart of Sydney.

Multi-Share Rooms

Shared Bathrooms

WiFi

Kitchen, Dining Area & Laundry

OVERNIGHT BUS

2 NIGHTS

A comfy ride and great journey.

Air Con

Toilet Onboard

BYRON BAY - WAKE UP HOSTEL

3 NIGHTS

A trendy hostel across from the beach.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Swimming Pool

SURFERS PARADISE - BUNK HOSTEL

2 NIGHTS

Stay in the heart of the Gold Coast!

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



SYDNEY



OVERNIGHT BUS



BYRON BAY



SURFERS PARADISE

BRISBANE - BUNK HOSTEL

2 NIGHTS

Popular hostel close to all the nightlife.

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Kitchen & Dining Area



BRISBANE

RAINBOW BEACH - FREEDOM BACKPACKERS HOSTEL

2 NIGHTS

Situated close to the beach.

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



RAINBOW BEACH

K'GARI - CAMPING

2 NIGHTS

Camp on the largest sand island in the world!

Shared Tents

Shared Toilets with Hot Showers



K'GARI

OVERNIGHT BUS

1 NIGHT

A comfy ride and great journey.

Air Con

Toilet Onboard

AIRLIE BEACH - BASE HOSTEL

2 NIGHTS

Funky hostel with tropical vibes!

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool, Bar & Restaurant



AIRLIE BEACH

WHITSUNDAYS - PREMIUM BOAT

2 NIGHTS

Bucket list experience with stunning views!

Multi-Share Cabin

Shared Bathrooms

The best way to experience the Whitsundays!



WHITSUNDAYS

MAGNETIC ISLAND - BASE HOSTEL

2 NIGHTS

Located right on the beach.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Island Bar



MAGNETIC ISLAND

MISSION BEACH - MISSION BEACH RESORT

2 NIGHTS

Nestled amongst a tropical rainforest.

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

BBQ Area & Gym



MISSION BEACH

CAIRNS - GILLIGAN'S HOSTEL

4 NIGHTS

The most popular hostel in Cairns!

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



CAIRNS

IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

#SMALLCHANGE

SUSTAINABLE TRAVEL



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends!



IS IT EASY TO FIND WORK IN AUSTRALIA?

By doing the work add-on you'll get unlimited help & support to find a job in Oz. Not just during your trip but for the entire time you're in Oz. You'll also receive a lifetime membership to our Oz Jobs Program, which includes unlimited access to our network of employers all over Oz through our INTRO Jobs website, where we post jobs!



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Australia](#).



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

If you're going to be working in Oz then you'll need an Aussie bank account. To open your bank account just go to the [Manage My Booking](#) section of our website. Your bank account will be set up with [Wise](#). Australian employers will be able to pay you through this and you'll be able to use the Wise card to pay for things and withdraw cash at ATM's. If you transfer your money from home into Australian dollars you can avoid paying foreign exchange fees when you use the card.



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.

Or simply transfer your booking to 100% travel credit that will never expire and can be used on any tour with us at any time in the future.



IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. Australia's Wi-Fi is generally good.



WHEN IS THE BEST TIME TO VISIT AUSTRALIA?

It's always a good time to go backpacking in Australia! It's generally quite hot in most parts of the country for the majority of the year except for the southern half of Australia during winter (June, July & August). But because Australia is such a big country when it's cold down south most people will head north and follow the sun!



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.



DO I NEED A DRIVERS LICENSE?

To drive on K'gari, you'll need to be over 21 years old with a full driving license and 2 years driving experience and will have to show your drivers license at the safety briefing at the hostel.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on Australia and Oz East Coast Adventure, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!

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www.introtravel.com